

# Holyport College Menu Week 3

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Full English Bacon, Sausage Scrambled Egg Tomatoes, Beans Mushrooms Hash Browns	Continental Croissant Pain Au Choc Breakfast Muffin Boiled Eggs Cheese & Meat Platters	Breakfast Baps Bacon Sausage Egg Hash Browns	Continental Croissant Pain Au Chocolate Breakfast Muffin Boiled Eggs Cheese & Meat Platters	Waffle. Pancake, Smoked Bacon, Maple Syrup Avocado & Poached Egg on Toast
Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad
Overnight Oats & Yoghurt Station	Overnight Oats & Yoghurt Station	Overnight Oats & Yoghurt Station	Overnight Oats & Yoghurt Station	Overnight Oats & Yoghurt Station
Toast Station	Toast Station	Toast Station	Toast Station	Toast Station
Juices	Juices & Smoothie	Juices	Juices & Smoothie	Juices & Smoothie

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<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Soup of the day with freshly baked bread	Soup of the day with freshly baked Bread	Soup of the day with freshly baked bread	Soup of the day with freshly baked bread	Soup of the day with freshly baked bread
<p>Noodle Bar</p> <p>Thai Green Chicken Korean BBQ Pork Sweet Chilli Beef Nut Free Satay Prawns</p> <p>Steamed Pak Choi</p> <p>Gochujang Carrots</p>	<p>Hot Dogs</p> <p>Chilli Con carne Nacho Cheese Toppings</p> <p>Potato Wedges</p> <p>Mixed Salad Coleslaw</p>	<p>Breaded Chicken Katsu</p> <p>Breaded Eat Curious Fillet</p> <p>Steamed Rice</p> <p>Stir Fried Veg</p> <p>Pak choi</p> <p>Curry Sauce</p>	<p>Pasta Day</p> <p>Roasted Med Vegetables</p> <p>Slow Roasted Tomato's</p>	<p>Chicken Gyros</p> <p>Halloumi &amp; Pepper Wraps</p> <p>Chips</p> <p>Roasted Courgettes Garlic Beetroot</p> <p>Sauces &amp; Salads</p>
Jacket Potatoes & Pasta Counter	Jacket Potatoes & Pasta Counter	Jacket Potatoes & Pasta Counter	Jacket Potatoes & Pasta Counter	Chip Shop
<p>Seasonal Salad Bar</p> <p>Daily Dessert Pots</p> <p>Fresh Fruit Salad</p>	<p>Seasonal Salad Bar</p> <p>Daily Dessert Pots</p> <p>Fresh Fruit Salad</p>	<p>Seasonal Salad Bar</p> <p>Daily Dessert Pots</p> <p>Fresh Fruit Salad</p>	<p>Seasonal Salad Bar</p> <p>Daily Dessert Pots</p> <p>Fresh Fruit Salad</p>	<p>Seasonal Salad Bar</p> <p>Daily Dessert Pots</p> <p>Fresh Fruit Salad</p>
Strawberry Victoria Slice	Apple & Blueberry Eve's Pudding	Carrot cake With Cream Cheese frosting	Tropical Fruit Yoghurt Parfait	Ice-cream

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<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Pasta Night Garlic Focaccia Green Beans Slow Roast Tomatos	Peri Chicken Spicy Chiquin Pieces Jollof Rice Plantain Spiced Greens	Banh Mi Filled Rolls with Different Meat & Vegetarian Fillings Salt n Pepper Chips Pak Choi Gochujang Carrots	Korean Fried Chicken Korean Fried Halloumi Sweet Chilli Noodles Salt n Pepper Aubergine Asian Slaw Korean BBQ Sauce	Curry Night
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Daily Special	Daily Special	Daily Special	Daily Special	Daily Special

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<b>SATURDAY BREAKFAST</b>	<b>SATURDAY LUNCH</b>	<b>SATURDAY DINNER</b>	<b>SUNDAY BRUNCH</b>	<b>SUNDAY SUPPER</b>
In House Breakfast	Sausage Rolls Cheese & onion Rolls New Potatoes Baked Beans Vegetable Medley	Jerk Chicken Spiced Bean Curry Rice n peas Spring Greens Roasted Squash  BBQ Available	Sausage, Bacon, Egg, Tomato, Mushroom, Potatoes  Pancakes Or Waffles  Weekly Special  Toast & Pastry Station	Lamb Kleftiko  Spanakopita  Oregano Potatoes  Garlic Beetroot  Lemon Courgettes
Salad Bar	Salad Bar	Salad Bar	Frui & Juice Bar	Salad Bar
	Daily Special	Banana Sticky Toffee Pudding with Sour Cream		Orange Filo Cake