

PHYSICAL EDUCATION TRANSITION WORK 2025

You are expected to complete the below tasks. You need to hand this into your teacher in your first PE lesson.

Exam board - OCR OCR A level specification

Transition work

1. Watch the Paris Olympics - Highlights on You Tube or the UEFA Women's Euro's in July
2. Research the following Olympic games:
 Berlin 1936
 Mexico City 1968
 Munich 1972
 Moscow 1980
 Los Angeles 1984

Explain why they were used for political exploitation.

3. Hosting global sporting events can bring positive and negative sporting, social, economic and political impacts. Justify why countries choose to host global sporting events based on the four factors listed.

Physiological factors - 30% of A level	Psychological factors - 20% of A level	Socio-cultural factors - 20% of A level
Skeletal and muscular system Cardiovascular and respiratory system Energy for exercise Environmental effects on body systems Exercise physiology Diet and nutrition Training methods Injury prevention Biomechanics	Skill acquisition Sport psychology	Sport and society Contemporary issues in physical activity

Practical performance - 15% of total A level

You must be playing a sport competitively at Club level.

Perform core and advanced skills in one activity or coaching in one activity.

Evaluating and Analysing Performance for Improvement - Oral coursework - 15% of total A level

Analysing and evaluating a peer's performance in one activity.