

# Holyport College Week 1

## Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Continental	Bacon, Egg, Baked Beans, Potato	Sausage, Egg, Mushroom, Potato	Continental	Waffle, Pancake, Smoked Bacon, Maple Syrup  Daily Special Muffin, Crumpet, etc
Fruit & Yoghurt	Fruit & Yoghurt	Fruit & Yoghurt	Fruit & Yoghurt	Fruit & Yoghurt
Overnight Oats & Toppings  (moving to Porridge)	Overnight Oats & Toppings  (moving to Porridge)	Overnight Oats & Toppings  (moving to Porridge)	Overnight Oats & Toppings  (moving to Porridge)	Overnight Oats & Toppings  (moving to Porridge)
Toast Station	Toast Station	Toast Station	Toast Station	Toast Station
Juices	Juices	Juices	Juices	Juices

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## Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the day with freshly baked bread	Soup of the day with freshly baked Focaccia	Soup of the day with freshly baked bread	Soup of the day with freshly baked bread	Soup of the day with freshly baked bread
Lemon Chicken Giant Vegan 'Duck' Spring Roll Special Vegetable Fried Rice Steamed Brown Rice Sesame Courgette & Chinese Leaf Star Anise Braised Carrots	Penne Pasta, Wholemeal Pasta, GF Pasta or Gnocchi Served with Three Sauces Creamed Based Sauce Tomato Based Sauce Green Vegetable Sauce Roasted Mediterranean Vegetables Slow Roasted Tomatoes	Burger Day Standard Burger or Premium Burger Topped with Pepper Jam, Brie & Salad Home-made Bean Burger Topped with Pepper Jam, Brie & Salad Dirty Roasted Corn & Peppers, Baked Beans Cajun Wedges	GLOBAL THEME DAY Served with themed accompaniments	CHIP SHOP DAY Baked Fillet of Fish Battered Saveloy Pie s of the Day Fish Cake Chip Shop Chips Garden or Mushy Peas Baked Beans Curry Sauce & Gravy Pickled Eggs Gherkins Pickled Onions
Pasta with Two Sauces or Cheese & Ham or Mushroom & Cheese Panini	Jacket Potatoes with Two Toppings or Sausage Rolls	Pasta with Two Sauces or Daily Special	Jacket Potatoes with Two Toppings or Daily Special,	Pasta with Two Sauces or Daily Special
Salad Bar To Include Chilli Vegetable Rice Noodle Soy Smashed Cucumber Asian Slaw	Salad Bar To Include Panzanella Three Tomato & Mozzarella Courgette Carpaccio	Salad Bar To Include Coleslaw Potato & Spring Onion Salad Caesar	Salad Bar To Include Themed Salads	Salad Bar
Coconut & Pineapple Sponge Ginger Crème Fraiche or Fruit Station	Tiramisu Slice or Fruit Station	Cinnamon Apple Pie or Fruit Station	Themed Dessert or Fruit Station	Holyport Mess or Fruit Station

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## Evening

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Chilli Nachos</p> <p>Beef or Vegan Chilli</p> <p>Nacho Cheese Sauce Pica De Gaió Sour Cream Guacamole Grated Cheese Jalapenos</p> <p>Charred Corn</p> <p>Chipotle Beans</p> <p>Brown Rice</p>	<p>Chicken Gyros</p> <p>Oumph Gyros</p> <p>Flat Bread Houmous Tzatziki Chilli Sauce Greek Salad Chopped Tomatoes Chopped Cucumber Onion Salad</p> <p>Lemon &amp; Oregano Braised Potatoes</p>	<p>Pad Thai</p> <p>Topped with Chicken, Prawns or Vegan 'Chicken' Strips</p> <p>Ginger Tossed Broccoli</p> <p>Soy Glazed Mushrooms</p>	<p>Mac 'n' Cheese</p> <p>Served with two toppings</p>	<p>Roman Styled Pizza</p> <p>Four different Toppings</p> <p>Garlic &amp; Rosemary Roasted Potatoes</p> <p>Tomato Braised Aubergine</p> <p>Chilli Courgette</p>
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
<p>Tres Leche or Fruit Station</p>	<p>Orange Filo Cake or Fruit Station</p>	<p>Coconut Rice Pudding, Mango &amp; Pineapple Compote or Fruit Station</p>	<p>Mississippi Mud Pie or Fruit Station</p>	<p>Chocolate Cookie Ice Cream Sandwich or Fruit Station</p>