

THREE WEEK MENU CYCLE - WEEK ONE

BREAKFAST	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Hot choice of the day	Chipolatas, Spiced diced potatoes, Baked beans and roasted flat cap mushrooms	Scrambled Eggs, Fried Bread, Grilled Tomatoes	Pan au chocolate, Croissants, Danish pastries, Ham and Cheese	Breakfast Frittata with smoky beans	English muffins topped with bacon and a Poached Egg, Grill Tomatoes	Pain au chocolat, Croissants, Danish pastries, Ham and Cheese	Bacon and egg Butties
Porridge	Rolled oat Porridge with a selection of toppings	Rolled oat Porridge with a selection of toppings	Rolled oat Porridge with a selection of toppings	Rolled oat Porridge with a selection of toppings	Rolled oat Porridge with a selection of toppings	Rolled oat Porridge with a selection of toppings	Rolled oat Porridge with a selection of toppings
Yogurt Bar	Probiotic natural yoghurt with a selection of toppings to include granola, fruit purees, dried fruit and honey.	Probiotic natural yoghurt with a selection of toppings to include granola, fruit purees, dried fruit and honey.	Probiotic natural yoghurt with a selection of toppings to include granola, fruit purees, dried fruit and honey.	Probiotic natural yoghurt with a selection of toppings to include granola, fruit purees, dried fruit and honey.	Probiotic natural yoghurt with a selection of toppings to include granola, fruit purees, dried fruit and honey.	Probiotic natural yoghurt with a selection of toppings to include granola, fruit purees, dried fruit and honey.	Probiotic natural yoghurt with a selection of toppings to include granola, fruit purees, dried fruit and honey.
Fresh fruit	Selection of cut fruits	Selection of cut fruits	Selection of cut fruits	Selection of cut fruits	Selection of cut fruits	Selection of cut fruits	Selection of cut fruits
Cereals, toast and breakfast juices	Selection of cereals that include shreddies, bran flakes, Weetabix, cornflakes and rice krispies. Wholemeal and white breads for toasting with a selection of preserves and honey. Juices to include chilled apple, orange and multi-vitamin	Selection of cereals that include shreddies, bran flakes, Weetabix, cornflakes and rice krispies. Wholemeal and white breads for toasting with a selection of marmalade, honey and preserves. Juices to include chilled apple, orange and multi-vitamin	Selection of cereals that include shreddies, bran flakes, Weetabix, cornflakes and rice krispies. Wholemeal and white breads for toasting with a selection of marmalade, honey and preserves. Juices to include chilled apple, orange and multi-vitamin	Selection of cereals that include shreddies, bran flakes, Weetabix, cornflakes and rice krispies. Wholemeal and white breads for toasting with a selection of marmalade, honey and preserves. Juices to include chilled apple, orange and multi-vitamin	Selection of cereals that include shreddies, bran flakes, Weetabix, cornflakes and rice krispies. Wholemeal and white breads for toasting with a selection of marmalade, honey and preserves. Juices to include chilled apple, orange and multi-vitamin	Selection of cereals that include shreddies, bran flakes, Weetabix, cornflakes and rice krispies. Wholemeal and white breads for toasting with a selection of marmalade, honey and preserves. Juices to include chilled apple, orange and multi-vitamin	Selection of cereals that include shreddies, bran flakes, Weetabix, cornflakes and rice krispies. Wholemeal and white breads for toasting with a selection of marmalade, honey and preserves. Juices to include chilled apple, orange and multi-vitamin

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SUPPER	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Hot main courses	<p>"Burger bar"</p> <p>A choice of hand crafted beef and gherkin burger or southern fried chicken breast fillet served in a floured bap with skinny fries, Little gem and parmesan salad, classic coleslaw and sliced beefsteak tomatoes.</p>	<p>Street food tent</p> <p>Braised beef and lentil curry, served with steamed lemon rice, bombay potatoes, spiced vegetables, naan and Indian dips</p>	<p>"Pizza bar"</p> <p>a selection of stone baked pizza, to include meat feast, pepperoni, ham and pineapple, haloumi, rocket and marinated olive with spicy jacket wedges, roasted buttered corn on the cob and a selection of salads</p>	<p>Street food tent</p> <p>Thai style potted noodles with marinated lamb served with crispy vegetables and a coconut Thai broth, prawn crackers</p>	Boarders' choice	<p>Street food tent</p> <p>Swanky franks hot dogs served in a brioche bap with French fries, corn on the cob, Swiss cheese, gherkins, Sweet mustard and ketchup</p>	<p>Sunday roast</p> <p>Roasted chicken with braised onions, roasted potatoes, savoy cabbage, butter braised carrots and swede puree, sticky thyme jus</p>
Vegetarian hot choice	Hand pressed five bean and cumin burger served in a focaccia bun	Hand made onion bhaji with carrot chutney	Halloumi, rocket and marinated olive pizza	Tossed Asian style noodles with tofu, chilli and lemon grass sauce	Boarders' choice	Roasted vegetable kebab with melted swiss cheese	Baked courgette with tomato butter beans and honey crumble
Salad bar	A selection of freshly produced salad items to include mixed leaves, tomatoes and basil salad, pickled cucumber with dill, roasted fresh beetroot, Spiced cous cous, freshly grated carrot with coriander and cumin oil	A selection of freshly produced salad items to include mixed leaves, tomatoes and basil salad, pickled cucumber with dill, roasted fresh beetroot, Spiced cous cous, freshly grated carrot with coriander and cumin oil	A selection of freshly produced salad items to include mixed leaves, tomatoes and basil salad, pickled cucumber with dill, roasted fresh beetroot, Spiced cous cous, freshly grated carrot with coriander and cumin oil	A selection of freshly produced salad items to include mixed leaves, tomatoes and basil salad, pickled cucumber with dill, roasted fresh beetroot, Spiced cous cous, freshly grated carrot with coriander and cumin oil	A selection of freshly produced salad items to include mixed leaves, tomatoes and basil salad, pickled cucumber with dill, roasted fresh beetroot, Spiced cous cous, freshly grated carrot with coriander and cumin oil	Holyport Weekend salad bar	Holyport Weekend salad bar
Desserts	Apple and Cinnamon Crumble with Custard. Freshly sliced selection of seasonal fruits, yoghurt with toppings to include, handmade granola, crumbled biscuit and shortbread, a selection of fruit pulps and compotes	Chocolate Mint Brownie. Freshly sliced selection of seasonal fruits, yoghurt with toppings to include, handmade granola, crumbled biscuit and shortbread, a selection of fruit pulps and compotes	Mille feuille. Freshly sliced selection of seasonal fruits, yoghurt with toppings to include, handmade granola, crumbled biscuit and shortbread, a selection of fruit pulps and compotes	Freshly sliced selection of seasonal fruits, yoghurt with toppings to include, handmade granola, crumbled biscuit and shortbread, a selection of fruit pulps and compotes	Baked egg custard. Freshly sliced selection of seasonal fruits, yoghurt with toppings to include, handmade granola, crumbled biscuit and shortbread, a selection of fruit pulps and compotes	Freshly sliced selection of seasonal fruits, yoghurt with toppings to include, handmade granola, crumbled biscuit and shortbread, a selection of fruit pulps and compotes	Freshly sliced selection of seasonal fruits, yoghurt with toppings to include, handmade granola, crumbled biscuit and shortbread, a selection of fruit pulps and compotes

Please note this menu may be subject to change.

THREE WEEK MENU CYCLE - WEEK TWO

BREAKFAST	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Hot choice of the day	Chipolatas, Spiced diced potatoes, Baked beans and roasted flat cap mushrooms	Scrambled Eggs, Fried Bread, Grilled Tomatoes	Pan au chocolate, Croissants, Danish pastries, Ham and Cheese	Breakfast Frittata with smoky beans	English muffins topped with bacon and a Poached Egg, Grill Tomatoes	Pain au chocolat, Croissants, Danish pastries, Ham and Cheese	Bacon and egg Butties
Porridge	Rolled oat Porridge with a selection of toppings	Rolled oat Porridge with a selection of toppings	Rolled oat Porridge with a selection of toppings	Rolled oat Porridge with a selection of toppings	Rolled oat Porridge with a selection of toppings	Rolled oat Porridge with a selection of toppings	Rolled oat Porridge with a selection of toppings
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Cereals, toast and breakfast juices	Selection of cereals that include shreddies, bran flakes, Weetabix, cornflakes and rice krispies. Wholemeal and white breads for toasting with a selection of preserves and honey. Juices to include chilled apple, orange and multi-vitamin	Selection of cereals that include shreddies, bran flakes, Weetabix, cornflakes and rice krispies. Wholemeal and white breads for toasting with a selection of marmalade, honey and preserves. Juices to include chilled apple, orange and multi-vitamin	Selection of cereals that include shreddies, bran flakes, Weetabix, cornflakes and rice krispies. Wholemeal and white breads for toasting with a selection of marmalade, honey and preserves. Juices to include chilled apple, orange and multi-vitamin	Selection of cereals that include shreddies, bran flakes, Weetabix, cornflakes and rice krispies. Wholemeal and white breads for toasting with a selection of marmalade, honey and preserves. Juices to include chilled apple, orange and multi-vitamin	Selection of cereals that include shreddies, bran flakes, Weetabix, cornflakes and rice krispies. Wholemeal and white breads for toasting with a selection of marmalade, honey and preserves. Juices to include chilled apple, orange and multi-vitamin	Selection of cereals that include shreddies, bran flakes, Weetabix, cornflakes and rice krispies. Wholemeal and white breads for toasting with a selection of marmalade, honey and preserves. Juices to include chilled apple, orange and multi-vitamin	Selection of cereals that include shreddies, bran flakes, Weetabix, cornflakes and rice krispies. Wholemeal and white breads for toasting with a selection of marmalade, honey and preserves. Juices to include chilled apple, orange and multi-vitamin

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SUPPER	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Hot main courses	Griddled bacon chop, bay, sage and black pudding with spring onion champ and buttered green cabbage.	Street food tent Braised beef and lentil curry, served with steamed lemon rice, bombay potatoes, spiced vegetables, naan and Indian dips	"Sausage Bar" Selection of locally sourced sausages consisting of Cumberland, Lincolnshire and a chefs speciality served with garlic and sage mash, BBQ beans and caramelised onion gravy	Street food tent Pan fried chicken strips, with red onion and parsley pickle with a smoked paprika cream and fluffy rice served in khobez flat bread	Boarders' choice	Street food tent Posh sausage roll with apple chutney, Chunky hand cut chips, celeriac and apple slaw, chicory and tomato salad	Sunday roast Roasted lamb with mint sauce and roasted potatoes, savoy cabbage, butter braised carrots and turnip puree, lamb and onion gravy
Vegetarian hot choice	Quorn and root vegetable cassoulet	Open tart of pea, beetroot, red pepper and goats cheese	Roasted mediterranean vegetable and feta Panini	Butternut squash and sweet potato fruit curry	Boarders' choice	Spinach and ricotta wellington	Baked courgette with tomato butter beans and honey crumble
Salad bar	A selection of freshly produced salad items to include mixed leaves, tomatoes and basil salad, pickled cucumber with dill, roasted fresh beetroot, Spiced cous cous, freshly grated carrot with coriander and cumin oil	A selection of freshly produced salad items to include mixed leaves, tomatoes and basil salad, pickled cucumber with dill, roasted fresh beetroot, Spiced cous cous, freshly grated carrot with coriander and cumin oil	A selection of freshly produced salad items to include mixed leaves, tomatoes and basil salad, pickled cucumber with dill, roasted fresh beetroot, Spiced cous cous, freshly grated carrot with coriander and cumin oil	A selection of freshly produced salad items to include mixed leaves, tomatoes and basil salad, pickled cucumber with dill, roasted fresh beetroot, Spiced cous cous, freshly grated carrot with coriander and cumin oil	A selection of freshly produced salad items to include mixed leaves, tomatoes and basil salad, pickled cucumber with dill, roasted fresh beetroot, Spiced cous cous, freshly grated carrot with coriander and cumin oil	Holyport Weekend salad bar	Holyport Weekend salad bar
Desserts	Baked raspberry and chocolate mousse. Freshly sliced selection of seasonal fruits, yoghurt with toppings to include, handmade granola, crumbled biscuit and shortbread, a selection of fruit pulps and compotes	Apple strudel. Freshly sliced selection of seasonal fruits, yoghurt with toppings to include, handmade granola, crumbled biscuit and shortbread, a selection of fruit pulps and compotes	Millionaires shortbread. Freshly sliced selection of seasonal fruits, yoghurt with toppings to include, handmade granola, crumbled biscuit and shortbread, a selection of fruit pulps and compotes	Meringue roulade. Freshly sliced selection of seasonal fruits, yoghurt with toppings to include, handmade granola, crumbled biscuit and shortbread, a selection of fruit pulps and compotes	Lemon tart. Freshly sliced selection of seasonal fruits, yoghurt with toppings to include, handmade granola, crumbled biscuit and shortbread, a selection of fruit pulps and compotes	Freshly sliced selection of seasonal fruits, yoghurt with toppings to include, handmade granola, crumbled biscuit and shortbread, a selection of fruit pulps and compotes	Freshly sliced selection of seasonal fruits, yoghurt with toppings to include, handmade granola, crumbled biscuit and shortbread, a selection of fruit pulps and compotes

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THREE WEEK MENU CYCLE - WEEK THREE

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Hot main courses	Roasted gammon with free range egg or a slice of roasted freshly cut pineapple, chunky chips, mushy peas warm celeriac slaw and a bowl of freshly tossed salad leaves	Street food tent Pork kebab with oregano, lemon and parmesan, pitta bread with minted roast potatoes, mediterranean vegetables, mixed salad, salsa and tzatziki	Orange and caraway seed breaded escalope of pork or braised beef cobbler with baked onion and thyme scones served with parsley potatoes, pickled red cabbage and broccoli	Street food tent Southern Indian beef curry or chicken jalfrezi served with braised lemon rice, poppadum's, spiced cauliflower florets, naan bread, selection of pickles and chutneys	Boarders' choice	Street food tent Topped flat breads with a choice of chicken and spicy sausage, ham and sweet pineapple or red pepper and haloumi cheese	Sunday roast Roasted pork belly with braised apple chutney, roasted potatoes, savoy cabbage, butter braised carrots and turnip puree, pork and sage gravy
Vegetarian hot choice	Hand pressed five bean and cumin burger served in a focaccia bun	hand made onion bhaji with carrot chutney	Halloumi, rocket and marinated olive pizza	Tossed asian style noodles with tofu, chilli and lemon grass sauce	Boarders' choice	As above	Baked courgette with tomato butter beans and honey crumble
Salad bar	A selection of freshly produced salad items to include mixed leaves, tomatoes and basil salad, pickled cucumber with dill, roasted fresh beetroot, Spiced cous cous, freshly grated carrot with coriander and cumin oil	A selection of freshly produced salad items to include mixed leaves, tomatoes and basil salad, pickled cucumber with dill, roasted fresh beetroot, Spiced cous cous, freshly grated carrot with coriander and cumin oil	A selection of freshly produced salad items to include mixed leaves, tomatoes and basil salad, pickled cucumber with dill, roasted fresh beetroot, Spiced cous cous, freshly grated carrot with coriander and cumin oil	A selection of freshly produced salad items to include mixed leaves, tomatoes and basil salad, pickled cucumber with dill, roasted fresh beetroot, Spiced cous cous, freshly grated carrot with coriander and cumin oil	A selection of freshly produced salad items to include mixed leaves, tomatoes and basil salad, pickled cucumber with dill, roasted fresh beetroot, Spiced cous cous, freshly grated carrot with coriander and cumin oil	Holyport Weekend salad bar	Holyport Weekend salad bar
Desserts	Apple and Cinnamon Crumble with Custard. Freshly sliced selection of seasonal fruits, yoghurt with toppings to include, handmade granola, crumbled biscuit and shortbread, a selection of fruit pulps and compotes	Chocolate Mint Brownie. Freshly sliced selection of seasonal fruits, yoghurt with toppings to include, handmade granola, crumbled biscuit and shortbread, a selection of fruit pulps and compotes	Mille feuille. Freshly sliced selection of seasonal fruits, yoghurt with toppings to include, handmade granola, crumbled biscuit and shortbread, a selection of fruit pulps and compotes	Freshly sliced selection of seasonal fruits, yoghurt with toppings to include, handmade granola, crumbled biscuit and shortbread, a selection of fruit pulps and compotes	Baked egg custard. Freshly sliced selection of seasonal fruits, yoghurt with toppings to include, handmade granola, crumbled biscuit and shortbread, a selection of fruit pulps and compotes	Freshly sliced selection of seasonal fruits, yoghurt with toppings to include, handmade granola, crumbled biscuit and shortbread, a selection of fruit pulps and compotes	Freshly sliced selection of seasonal fruits, yoghurt with toppings to include, handmade granola, crumbled biscuit and shortbread, a selection of fruit pulps and compotes

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